

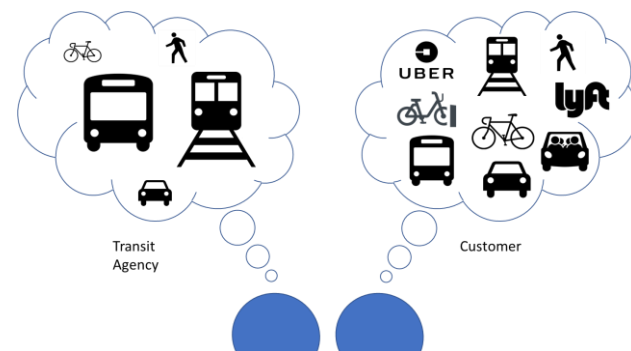


## THE COURSE

In partnership with the New York State Department of Health (NYSDOH), Urban Cycling Solutions (UCS) offers a FREE complete streets and active transportation training to communities throughout New York State. This training includes detailed instruction on the complete array of complete streets topics including:

- Defining Complete Streets
- Infrastructure
- Establishing a Policy Framework
- Implementing Complete Streets
- Evaluating Success
- Education & Enforcement

This training was specifically designed for New York Communities, featuring data and case studies from across the state. The training is intended to educate and empower local planning boards, MPOs, public agency planning staff and key community stakeholders. A short video introduction to the course is available on UCS's website at: [http://www.urbancyclingsolutions.com/NYS\\_Trainings.html](http://www.urbancyclingsolutions.com/NYS_Trainings.html)



## HOW IT WORKS

This training is available to New York State Communities for **FREE** on a first-come, first-served basis thanks to generous support from the New York State Energy Research and Development Authority (NYSERDA) and New York State Department of Health (NYSDOH). Check out the host checklist for details on training requirements and [fill out this online form](#) or e-mail [info@urbancyclingsolutions.com](mailto:info@urbancyclingsolutions.com) to request a course in your community today!



## COURSE STRUCTURE

Communities can choose from two training options tailored to meet individualized needs:



<p><b>A Full-Day Workshop</b> <b>NOT CURRENTLY AVAILABLE</b></p>	<p>Includes all course modules as well as a walk or bike audit to explore community needs on the ground. (Typical run time: 4-6 Hours)</p>
<p><b>Virtual Workshop</b></p>	<p>Webinar with an overview of complete street concepts and focus on modules relevant to host communities. UCS will facilitate a virtual walk audit of 3-4 intersections (Typical run time: 90 Mins)</p>



## TRAINING CHECKLIST

This one page checklist provides detailed information for communities seeking to host UCS's Active Transportation and Complete Streets Training. Please read the following carefully to ensure that your community is ready to roll for this transformative training.

## WHO CAN REQUEST A TRAINING

UCS provides expert instructors and course materials upon request from a host agency within a community. Host agencies and/or community groups can e-mail [info@urbancyclingsolutions.com](mailto:info@urbancyclingsolutions.com) to request a training.

## WHAT DO I NEED TO PREPARE FOR THE TRAINING\*

- Venue** – Host agencies are responsible for identifying and securing a venue for the day, preferably near a downtown or area with a variety of traffic conditions to survey.
- Audio & Visual Equipment** – Presenters will require a projector screen and hookups.
- Internet Connection** (preferred) – Instructors may provide additional resources online.
- Print Materials** – The course comes with a packet of information and activities.
- Walk/Bike Audit Route** – UCS Instructors will work with host communities to identify the best route for the walk/bike audit to ensure that participants are given the opportunity to observe a wide variety of street conditions. You know your community best, so be sure to identify any key intersections, sidewalks or other infrastructure near the venue that the group should observe.
- Refreshments** – UCS recommends host agencies provide refreshments and lunch as appropriate for the length of the training.
- Participants** – Ensure you can confirm between 15 and 20 participants for the training. Although any participants the host invites are welcome, the training is geared toward planners, administrators, engineers, decision-makers and key stakeholders engaged in conversations about traffic safety and active mobility.
- Takeaways** – Decide what you want to take away from this training. For an additional cost, UCS can provide communities with several services to transform discussions during the training into actionable plans for the future. These include:
  - *Neighborhood Action Plan* – These plans are design to summarize key outcomes from the course and chart a "road map" for next steps.
  - *Concept Plans* – Communities with specific challenges (e.g., A policy in development, a particular intersection or corridor), can leverage UCS's expertise to devise specific design and policy options. For example, if a community has a problematic intersection, UCS will provide the community with up to three design scenarios based on discussion and expert observation.